

## St Bridgid

St Bridgid is the patroness of Ireland (chief female saint). Her feast day is celebrated on 1<sup>st</sup> of February (first day of spring season). She was born in Co Louth in 452 (north of Dublin). Her family was wealthy. She had a great love for the poor and always gave generously to them. She and her followers built a convent in Co Kildare.

## Story of St Bridgid's Cross

An old pagan chieftan lay dying and Bridgid came to help him and pray for him. She told him about her Christian faith. She pulled some rushes near his tent to weave into a cross shape to explain about the death of Jesus. In school with younger children we make this cross with rushes or card on 1<sup>st</sup> Feb. People hang these crosses in their homes to ask protection from God and to honour Bridgit.

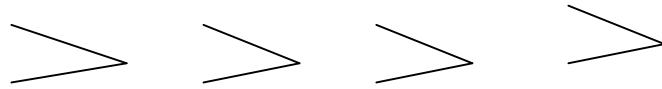
## To Make Cross

1. Take 4 strips of card.

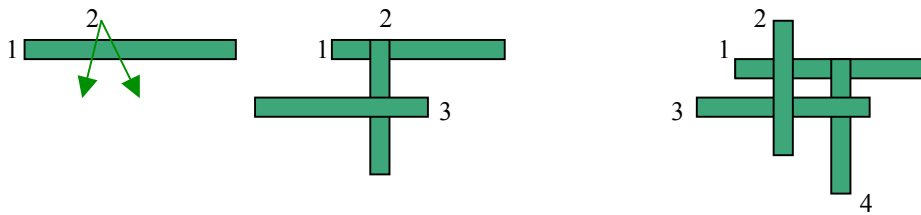


(Use green or white card – if using white colour it green)

2. Fold each strip in two along centre line.



3. Take strip 1 & place it over strip 2



(pull tightly)

