

The Gay Gordons

<i>partner</i>	<i>first</i>	<i>dances</i>	<i>ceilidh</i>	<i>know</i>
		<i>learned</i>		

The Gay Gordons is one of the easiest _____ to learn and is often the most popular at a _____. It is traditionally the _____ dance and if you have ever _____ ceilidh dancing, you will probably _____ the Gay Gordons. You will need a _____ for this dance as it is a "couples' dance".

The "Shadow Hold"

This is the starting position for the Gay Gordons. Try drawing it from the instructions below.

- The boy stands on the inside, with the girl on his right-hand side.
- The boy puts his right arm behind the girl's shoulder.
- The boy puts his left arm across his chest.
- The girl holds the boy's right hand with her right hand.
- The girl holds the boy's left hand with her left hand.



The Steps

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

11. _____

12. _____

13. _____

All of the couples stand in a circle facing anti-clockwise.

Walk forward for 1-2-3, left foot first.

On 4, turn around to the right so that you are facing the opposite direction.

The girl is now on the boy's left.

Walk backwards for 1-2-3-4.

Walk forward for 1-2-3, left foot first.

On 4, turn around to the left so that you are facing the opposite direction.

The girl is now on the boy's right.

Walk backwards for 1-2-3-4.

The boy holds the girl's left hand with his right hand.

Walk forwards for 1-2-3-4-5-6-7-8 with the girl spinning around.

Waltz for 1-2-3-4-5-6-7-8.

Go back to the "shadow hold" and start again.

All of the couples stand in a circle facing anti-clockwise.

Walk forward for 1-2-3, left foot first.

On 4, turn around to the right so that you are facing the opposite direction.

The girl is now on the boy's left.

Walk backwards for 1-2-3-4.

Walk forward for 1-2-3, left foot first.

On 4 turn around to the left so that you are facing the opposite direction.

The girl is now on the boy's right.

Walk backwards for 1-2-3-4.

The boy holds the girl's left hand with his right hand.

Walk forwards for 1-2-3-4-5-6-7-8 with the girl spinning around.

Waltz for 1-2-3-4-5-6-7-8.

Go back to the "shadow hold" and start again.